

Scallywag Rag

Bridgewater Day Care Centre Newsletter - MAY 2025

Dates to Remember

May 6th - Photo Day

May 6th - Parent Committee Meeting at 6PM

May 19 - Centre Closed for Victoria Day

Parent Committee Meeting - Our spring meeting will be held on May 6th at 6PM. This is a great time to voice concerns, share ideas, and meet with other parents. Meetings are normally no more than one hour long. We would love to have you join us.

Photo Day- Krystina Marie will be on site to take photos of the children. Permission forms will be sent home to allow us to have your child(ren) participate. As in the past, we do have children from the same family want a group photo, just indicate on the permission form that you wish for this to happen. Also if your child is leaving our program this year to attend primary or pre-primary, let us know and we will take photos of your child in graduation gear.

Playground Gate - Towards the end of the day, the playground door and gate are now being locked. Please watch for signs that the door is locked before exiting through the playground. You may find yourself locked inside without a means to get out or back into the building.

Pyramid Model - When children become angry, frustrated, or over stimulated they tend to be loud and may be acting in a way that endangers themselves or others. One strategy that we are using here at Bridgewater Day Care Centre is to ask the children to STOP their bodies, breathe deeply and THINK, THINK, THINK. Think on



what the problem is, think how it is impacting others and think of how can it be solved. Some classes have problem solving kits which identify possible solutions children can try when they are solving a

problem. Another technique is to Finger Breathe: Using their hand, or an adult's hand or a hand visual, children trace the outline with their finger. Breathing in tracing up a finger and breathing out when tracing down. This is repeated until the whole hand is traced and can be done until the child feels they are calm again. Both of these strategies are great for all children and for adults too.



We are Caring

We are Safe

We are Supportive