

# Scallywag Rag

Bridgewater Day Care Centre Newsletter - July 2025

## Dates to Remember

July 1<sup>st</sup> - Canada Day - Centre Closed

July 22 - Centre will close at 5:00pm for Big Ex Street Parade

## Child Care Awareness Month Thank you

Bridgewater Day Care Centre staff were overwhelmed with the Kind messages, gifts, and treats during June. Our Parent Committee did an amazing job organizing. So a HUGE shout out of "THANKS" for everyone that helped make the month so special, we truly felt appreciated.

**Friday Night Movies-** The Town of Bridgewater will host Family movies Friday evenings during the summer. Movies start around dusk at Shipyard's Landing. Bring a blanket and or lawn chairs. Movies that are scheduled are:

July 4 - Footloose

July 11 - ET

July 18 - Mamma Mia

July 25 - Goonies

**Heartland Tour** - Will happen on July 16<sup>th</sup>.

Not a biker but want to take part? There are Field events for the children starting at 9:30am at the Lahave St. ball field. Lots of fun activities and give away prizes.

**Special Days** - Our Summer Student, Kennedy has planned for a few "theme" days this summer. Check the Centre's calendar for more information

**Pyramid Model** - Super Friends, this is a term used to describe positive interactions with peers. At day care, we talk about what makes a Super Friend - being kind, makes me laugh, does not hit, plays games with me, share- from this list we can set up our class to remind them and positively acknowledge when they are or are struggling to be a Super Friend. At home you can also talk about what a Super Friend is. You can ask your child to describe their day, Were they a Super Friend? Were you a Super Friend?

**Food and Beverage updates** - The Department of Education and Early Childhood Development have made changes to the current food and beverage regulations. These changes are effective September 1<sup>st</sup>, 2025. There is not a lot of change for our program, our new menu will include more plant based options, and the return to family style eating in which children serve themselves. Children which bring foods from home due to dietary restrictions must complete a diverse feeding plan. The Centre will start the new menu prior to September 1<sup>st</sup>, and will advise families prior to.

## SLIP, SLAP, SLOP -



We are Caring

We are Safe

We are Supportive